Adult Coed Indoor Soccer Rules

Game Play

- A game will start no later than 5 after
- Games will consist of two 25 minute (running time) halves
- 2 minute half time
- An indoor Futsal Soccer ball will be used.
- Games are 4v4
- There will be NO direct kicks
- **NO PLAY ZONE** No player is allowed to go in or through this zone, a penalty will result if done so. A defensive player in the zone will result in a PK, an offensive player will result in loss of possession.
- There is no goalie and therefore no use of hands allowed
- A goal will be a direct hit of the large cone
- A goal must be shot within the same side of the court.
- In the event of a tie, each player from the team shall kick one free kick from ½ court, alternating with the other team. Each kick that strikes the cone will be one point. The team with the most kicks wins. If a tie remains, the two team will repeat.

Out of Bonds

- The black line (basketball court) will be the out-of-bounds on all sides.
- No throw-ins are necessary, the ball will be placed and kicked back into play.
- No Direct Kicks
- If a ball is lost under the bleachers or kicked into the hallway the clock shall stop until the ball is brought back to the playing field

Substitutions

- Substitutions can be made at any point during the game.
- The player in the game must first come off the floor, before the sub may enter the game.

Penalties

- Penalties are given for rough physical contact, or for entering the No Play Zone.
- PK's are awarded for violations of the NO PLAY ZONE
- Loss of possession or removal from game and/or league for rough, physical contact.
- The clock will stop for PK's in the final minute.

Sportsmanship

- This is a friendly league and OSPR expects all participants to demonstrate good sportsmanship
- There will be zero tolerance for malicious play. Slide tackles, tripping, hitting, etc. will not be tolerated or allowed.
- Anyone who participates in a physical altercation will be removed from the league without refund.

The Rec Center

- The Rec Center will be closed to all other activity other than soccer during this league.
- No one is to use the track, Teen Center or back classrooms during this league. Those areas will be locked as well.
- Spectators will not be allowed.
- Please pick up all personal items and throw any trash away. Food and drinks (with the exception of water) are not allowed in our gym.



