

# Old Saybrook Parks & Recreation



## Fall Activities 2017

Visit our website for online registration at  
**[www.OLDSAYBROOKREC.com](http://www.OLDSAYBROOKREC.com)**  
In person registrations accepted at office.

**Registration for all Programs begins on  
Tuesday, August 29<sup>th</sup>**

**Fall Soccer Registration has already begun,  
registration closes on  
Wednesday, August 30<sup>th</sup>**

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## PROGRAM REGISTRATION INFORMATION

- All recreational programs require advance registration unless noted. Programs are filled on a first come first serve basis.
- Residents may register in person or online.
- Phone reservations can not be accepted.
- Parents please note deadlines for registration as materials and/or supplies must be purchased prior to the start of programs.
- Parks and Recreation reserves the right to change dates, consolidate classes, and/or modify programs in order to make programs accessible to the general public.
- Late charges may be applied to registrations obtained after deadline.
- Full refunds given (7) working days prior to start date of program. 50% refund will be given if cancellation occurs less than (7) working days prior to program.
- No refund given after program starts.
- Registration Starts at 9:00AM promptly in the office or online
- Office Registration Accepts Cash, Check, or charge



[www.OLDSAYBROOKREC.com](http://www.OLDSAYBROOKREC.com)

## **OFFICE HOURS**

**Mondays, Tuesdays, Thursdays**

9:00AM — 4:30PM

**Wednesdays**

11:00AM—4:30PM

**Fridays**

9:00AM-4:00PM

**Saturdays**

9:00AM-4:00PM

Pick-up schedules for  
Gym/Track/Teen Center hours in office

## **OFFICE PHONE**

(860)395-3152/3154 (fax)

## **Website**

[www.OldSaybrookRec.com](http://www.OldSaybrookRec.com)

## **ADDRESS**

308 MAIN ST, 06475  
(Recreation Center)

## **COMMISSIONERS**

Susan Esty-Chair

Robert Burke

Tom Boland

Jim Henderson

Dennis Interlandi

Kevin Lane

Star Rueckert

Clerk: Sharon Tezzi

## **Staff**

Ray Allen - Director

Jonathan Paradis- Asst. Director

Taryn Erb – Program Assistant

Judy Sherman- Office Manager

Jim Price—Rec. Center Maintainer

Adam Laverty—Park Maintainer

# Fall Outdoor Programming

## The Natural Side

OSPR is happy to offer a full line up of outdoor family fun this fall, *The Natural Side!* From nature walks to hikes to water fun!! Each of these events will get the family outdoor, learning and active!

Interpretive walks and guides will be led by Patricia Laudano, Naturalist Field Researcher and Educator. Her programs will last roughly 1 ½ hours.

Jonathan Paradis from OSPR, will lead our kayak event on North Cove and Chris Cryder of Save the Sound, will lead out late Fall Adventure Hike.

### Marine Ecology at Harvey's Beach

This outdoor class will let you explore what lives in our beach areas. Nets will be used and bins for identification. Dress accordingly; we will be going into the water knee to thigh high.

**Date:** Sunday, Sept 17<sup>th</sup>

**Parking:** RT 154 Plum Bank Rd.

**Time:** 1:00pm

**Fee:** FREE

### Paddle North Cove and the CT River

Join Jona from OSPR as we enjoy a nice mid-day paddle of historic and scenic North Cove. We will launch from the Town Sheffield St. Dock and head out into the Cove towards the CT Rive and then make our way towards the Salt Marsh. Paddle will last about 1 ½ hours.

**Date:** Saturday, Sept 23<sup>rd</sup>

**Parking:** OSMS Parking Lot

**Time:** 10:00am

**Fee:** FREE

### Fresh Water Pond Scoop & Ecology workshop @ Crystal Lake

This hands on learning exploration will teach you about a pond and the critters that live in and around it. Pond scooping nets, bins and identification sheets will be provided. Wear shoes that can get dirty.

**Date:** Saturday, Sept. 30<sup>th</sup>

**Parking:** Clark Community Park

**Time:** 2:00-3:00pm

**Fee:** FREE

### Salt Marsh Bird watching at Founders Park

A short walk to the kayak launch and to the top in search of migrating birds using the area or just passing through. Discussion on this prime Estuary area and wildlife use. Bring binoculars/.scopes. LIMITED SPACES!!

**Date:** Sunday, Oct. 8<sup>th</sup>

**Parking:** Coulter St.

**Time:** 10:00am

**Fee:** FREE

### Halloween Letter Boxing at Great Cedars

Letterboxing is an intriguing mix of treasure hunting, art, navigation, and exploring interesting and scenic places. Join us as we hunt for the 10 hidden boxes in Great Cedars with a Halloween twist! Costumes are encouraged!!

**Date:** Saturday, October 28th

**Parking:** Ingham Hill Road

**Time:** 11:00-12:00pm

**Fee:** FREE

### Strong Hike in Great Cedars

This 2hr strong hike will take you through the whole property as we head to the Largest Great White Cedar in CT, see Lake Rockview and the foundation of Ebenezer Ingham from 1710!! You should bring water and a small snack.

**Date:** Saturday, November 18<sup>th</sup>

**Parking:** 155 Ingham Hill Rd

**Time:** 9:45am

**FEE:** FREE

# Adults

## Gentle Yoga

A Unique class designed to truly introduce you to your body and all the amazing movements it is capable of. Explore your flexibility to both beginners and experienced. Class lasts for 6 weeks and takes place on Monday's and Thursdays at the Saybrook Point Pavilion.

**Session 1 Dates:** Aug. 17<sup>th</sup> – Oct. 5<sup>th</sup> **No class on Sept. 4<sup>th</sup>, 18<sup>th</sup>, 21<sup>st</sup>**

**Class Times:** 10:00-11:00AM or 11:15-12:15PM.

**Fee:** \$60.00 Resident \$70.00 Non-resident

## Pick-up Basketball Times

Come Down to the Recreation Center and play some great Men's Pickup basketball Games. Play is for Old Saybrook Residents Only. Residents may bring a non-resident guest for a \$2.00 fee.

**Mondays:** 18 & Over

**Time:** 7:00-8:30PM

**Tuesdays:** 30 & Over

**Thursdays:** **Women's Night**

## Co-Ed Adult Pick –up Volleyball Times

Co-ed Adult Volleyball night will give you fun competitive games. A great way to get out of the house and have some fun with your friends. Play is for Old Saybrook residents only. Residents may bring a guest for a \$2.00 fee.

**Day:** Wednesdays

**Time:** 7:00-8:30PM

## Adult Golf Lessons @ Fenwick

Know it all or need help improving your game, OSPR is proud to work with Fenwick Golf course to offer golf lessons at the Ryder Cup Course. These lessons will cover 130 yards and down, irons and approaches, putting and how to improve your swing. Instructed by Sue Cart, PGA golf professional at Lake of Isles a Troon Golf property.

**Mondays:** 5:00-Sunset

**Ages:** 18+

**Dates:** Sept. 11<sup>th</sup> 18<sup>th</sup> 25<sup>th</sup> Oct. 2<sup>nd</sup>

**Fee:** \$75 Res. \$100 Non Res.



## Pick up Soccer Sunday Nights

Head to Maple Ave. Ball Field on Sunday nights for an active Sunday night. Teams will be made on the fly based on arrival time. We will play short quick games to rotate everyone in.

**Days:** Sunday Nights till 10/22

**Time:** 5-7:00pm

## Pickle Ball for Adults

We are offering at the Rec. exciting game of pickle ball. Pickle ball is very similar to tennis, except it is played on a smaller court w/ a wooden paddle and plastic ball.

**Mondays:** 9:30-11:00AM

**Ages:** 30+

**Dates:** Sept. 11<sup>th</sup> – October 30<sup>th</sup>

**Fee:** \$10.00

# Miscellaneous

## Important Websites

- **Town of Old Saybrook** [www.Oldsaybrookct.org](http://www.Oldsaybrookct.org)
- **Old Saybrook Youth & Family** 860-395-3190
- **Old Saybrook Little League**  
<http://leagueathletics.com/?org=osll.net>
- **Old Saybrook Soccer Club** <http://ossoccer.org/>
- **Old Saybrook Youth Football** [www.osyouthfootball.com](http://www.osyouthfootball.com)
- **CT River Ticks Lacrosse Club** <http://tickslacrosse.com/>
- **Old Saybrook Basketball Club** <http://ctshorelinebig10.org/>

## REMINDERS:

- Please help keep all Parks & Beach areas clean.
- The law requires that all dogs must be on a leash and you must clean up after them! Sorry, No Dogs allowed on Beaches or Ball fields
- A new flyer for programs in Nov-Dec will be out in the 2<sup>nd</sup> week in October

## Thank You

OSPR would like to thank all of the volunteer coaches who helped coach a sport this year. Without all of you, the sports programs that have benefited so many youths would not be possible.

## Recreation Center Special Hours/ Closings

Monday September 4 <sup>th</sup>	Labor Day	Closed
Monday October 9 <sup>th</sup>	Columbus Day	9:00AM—4:00PM – Office 12:00PM-5:00PM Teen Center

## Evening Gym Schedule

Mondays	Men's 18 & over Open Gym	7:00-8:30pm
Tuesdays	Men's 30- over Gym	7:00-8:30pm
Wednesday	Adult Co-ed Pick -up Volleyball	7:00-8:30pm
Thursdays	Women's Open Gym	7:00-8:30pm

\*Full Gym Schedule available at the Recreation Center Office\*

## Be on the lookout for

- **OSPR's Touch-a-Truck Event in early October. This program will give children the opportunity to see, get in and touch all types of emergency and construction vehicles.**
- **Fall Indoor Soccer starting in November, Registration will be in late October**
- **Saturday morning basketball skill clinics late October – November here at the Rec.**

## FALL YOUTH SOCCER

OSPR Youth Fall Soccer program begins September 17<sup>th</sup> and runs through October 29<sup>th</sup>. Soccer is offered to children in Grades K-3rd will meet once weekly for practice and on Saturdays for a game at 10:30AM, 11:45AM or 1:00PM. The players are divided into Co-Ed groups for: Kindergarten, Grade 1<sup>st</sup>. Shin Guards mandatory for every player and must be supplied by participants. **Grades 2<sup>nd</sup> & 3rd will be divided by gender. If we find that we do not have enough participants then we will form co-ed teams.** Practices will take place once a week on Tuesday or Thursday, but the 1<sup>st</sup> practice will be on September 5<sup>th</sup>.



**Game Dates: Sept. 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>, Oct. 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>**  
**FEE: \$30.00**

**Attention:** This program is always in need for coaches, if interested please contact Jonathan Paradis by email at [Jonathan.Paradis@OldSaybrookCT.gov](mailto:Jonathan.Paradis@OldSaybrookCT.gov) or at the office!

**Registration Deadline August 30<sup>th</sup>**

**\*This League is sponsored by Central CT Pediatric Dentistry & Orthodontics\***



## Annual Halloween Party

This plans to be a scary cool night. Great music by the live DJ and dancing, Cookie decorating, games, prizes, giveaways, a photo booth to capture the night and plenty of candy for all to enjoy.

**Saturday, October 28th**  
**From 5:00-7:00pm preschool to Grade 3**

**At the Old Saybrook Recreation Center**

## Scarecrow Making Workshop

Join Parks & Recreation for this great family fun workshop. Make a cool scarecrow for the "spooky" season for the whole family to enjoy. We will supply the hay, instruction, Cider and Donuts. All you have to bring are the clothes to stuff with hay and great big smiles.

**Saturday: Oct 7<sup>th</sup>**  
**From 10:30—11:30 PM**

**Town Green Gazebo**  
**Fee: \$5.00 per Family**



Saybrook Point



Miniature Golf

Saybrook Point Mini Golf will be open this fall!!

Hours of Operation after Labor Day  
Weekends only through Columbus Day

Friday 5:00pm - 10:00pm  
Saturday 11:00am – 10:00pm  
Sunday 11:00am – 8:00pm

\$5 per round (cash or Credit)  
Refreshments

**Putt A Round, Down By The Sound**



**For up to date information on programs and events,  
be sure to follow us on...**



**Follow us on Twitter at @OSParksRec**



**Find us on Facebook at @OldSaybrookParksRecreation**



308 Main St.  
Old Saybrook, CT, 06475

860-395-3152  
860-395-3154 (F)  
www.oldsaybrookrec.com

*"Bringing our Community together through excellence in our beaches, parks, fields,  
facilities and programs."*



## 3- 5 Yr Old Programs

### Playhouse Recreation Mornings

Children 3 - 5 can join in an exciting playhouse program that includes lots of fun & games. Session will consist of a variety of activities such as, arts & crafts, sports & games, dance & music, special events + holiday projects. Children must be potty trained and be able to detach from parent. Session lasts for 5 weeks.

#### **Tuesdays & Thursdays.**

**Times:** 9:30-11:30AM

**Age:** 3-5

**Dates:** Sept 12<sup>th</sup> – Oct. 17<sup>th</sup>

**Fee:** \$50.00/Child

### Happy Feet Soccer League for Pre-K

This program is designed to combine dynamic activity with rapidly developing imagination of preschoolers. Your child will learn some basic foot skills, dribbling, passing, and shooting. Children must wear shin guards. Class takes place outside at the Recreation Center.



**Ages:** 3-4yrs old

**Fee:** \$30.00

**Saturdays:** 9:00-10:00AM

**Dates:** Sept 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>, Oct. 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>

### Apple Hour

Each week you will be working with Apples to create a different project; craft projects, apple sauce, caramel apples and more. Class takes place at the Rec Center and Lasts for 5 weeks.

**Tuesdays:** 1:15 – 2:00PM

**Ages:** 3-5

**Dates:** Sept. 19<sup>th</sup>, 26<sup>th</sup>, Oct. 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>

**Fee:** \$15.00

### Lil' Builders

Each week we will explore different building materials. We will create Cities of Lego's, houses of Lincoln Logs, K'nex cars and more. Class takes place at Recreation Center for 5 weeks.

**Wednesdays:** 10:00 – 10:45AM

**Ages:** 3- 5

**Dates:** Sept. 20<sup>th</sup>, 27<sup>th</sup>, Oct. 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>

**Fee:** \$25.00

### Fun & Games

This class features lots of games and a whole lot of fun for your 3—5 year old. Your child will play games such as parachute games, tag and more. Class takes place in the recreation center. Class lasts 5 weeks.

**Wednesday:** 10:45—11:30PM

**Ages:** 3- 5

**Dates:** Sept. 20<sup>th</sup>, 27<sup>th</sup>, Oct. 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>

**Fee:** \$15.00

### Fall Time Crafts

Join us in this new program dedicated to the Fall and unique fall crafts. Each week your child will create a new project to take home and decorate your home. A fun way to spend some fall afternoons. Class takes place at the Rec Center.

**Thursdays:** 12:45 – 1:30PM

**Ages:** 3-5

**Dates:** Sept. 21<sup>st</sup>, 28<sup>th</sup>, Oct. 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>

**Fee:** \$15.00

### Creative Dance Movements

Kids learn how to groove to the rhythm of their favorite songs. Kids will learn some basic dance moves with an imaginative mind, clapping hands, and cool props. Class is taught by Deb Mals and takes place at the Recreation Center.

**Thursdays** 1:30PM-2:15PM

**Ages:** 3- 5

**Dates:** Sept. 21<sup>st</sup>, 28<sup>th</sup>, Oct. 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>

**Fee:** \$15.00

# K – 3<sup>rd</sup> Grade Programs

## Wiffleball

Not looking forward to the cold weather?? Join us for 5 more weeks of sunshine in our afterschool wiffleball program. See who can hit the curve, sinker or slider?

**Mondays:** 3:15 –4:00PM

**Grades:** 2<sup>nd</sup> – 3<sup>rd</sup> graders

**Dates:** Sept. 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> Oct. 2<sup>nd</sup>, 16<sup>th</sup>  
**Fee:** \$15.00



## Silly Science

In this program we can create some cool "science" projects. Make Slime, Jewel Crystals, Worms, and more. Classes take place at the Goodwin School, we will have indoor and outdoor experiments.

**Tuesdays:** 3:00– 4:00PM

**Grades:** 2<sup>ne</sup> & 3<sup>rd</sup>

**Dates:** Sept. 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, Oct. 3<sup>rd</sup>, 10<sup>th</sup>  
**Fee:** \$15.00



## Flag Football at Goodwin

Students in Grades 2<sup>nd</sup> & 3<sup>rd</sup> are invited to learn the basics of the game of flag football. Program meets at the Rec Center. Dress appropriately for outside play

**Wednesday** 3:15-4:00PM

**Grade:** 2<sup>nd</sup>- 3<sup>rd</sup>

**Dates:** Sept.13<sup>th</sup>, 27<sup>th</sup>, Oct. 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>  
**Fee:** \$15.00



## Tennis Lessons

Learn the fundamentals of tennis each Friday afternoon at Kavanagh Park on Trask Rd. Classes will include a combination of drills and play-based activities aimed at developing an overall mastery of the fundamentals of tennis, taught by Ruthanne Rothman, a USPTR Certified Instructor and OSHS Varsity Girls Tennis Coach

**Thursdays:** 4:15 – 5:00pm

**Grades** 1<sup>st</sup> - 3<sup>rd</sup>

**Dates:** Sept. 7<sup>th</sup>, 14<sup>th</sup> 21<sup>st</sup>, 28<sup>th</sup>, Oct. 5<sup>th</sup>  
**Fee:** \$25.00



## Dancing Class at Goodwin

Dance for joy with OSPR's dance party. Warm up, shake it up, and get down to today's hottest jams. Come and enjoy the fun. Wear comfortable clothes, dance shoes or sneakers, no bare feet. Class takes place at Goodwin Elementary.

**Thursdays:** 3:15-4:15PM

**Grades:** K-3<sup>rd</sup>

**Dates:** Sept. 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> Oct. 5<sup>th</sup>, 12<sup>th</sup>  
**Fee:** \$15.00



**Classes at Goodwin Elementary School, will meet in the cafeteria by James and the Giant Peach.**

**Pick up will be in the lobby or at the red benches near the front entrance of the school.**

## 4<sup>th</sup> – 8<sup>th</sup> Grade Programs

### Jr. Souls Yoga

Junior Souls is an 8wk program derived from the vinyasa style of yoga, but with a new age twist! JSYP uses the philosophy that to work into a meditation of the mind, you first must physically work out your body. Combining a youthful, energetic series of postures with fast tempo, upbeat pop music, we'll get the kids moving and grooving for 45 minutes, followed by a 15 minute meditation. Class takes place at the Rec.

**Mondays:** 2:45-4:00pm

**Dates:** 9/18-11/13 \*no class on 10/9\*

**Grades:** 4<sup>th</sup>-8<sup>th</sup>

**Fee:** \$20.00



### Wobble-Dance-Hop w/USA Dance Kidz

Want to learn some hip-hop moves, cool ways to do the wobble, and other group dances--join us for 5 weeks of FUN! Put on by USA Dance Kidz instructors from Bloom Ballroom in O.S. Class will take place at the Rec. Center.

**Tuesdays:** 2:45-4:00pm

**Dates:** Sept. 19<sup>th</sup>, 26<sup>th</sup>, Oct. 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>

**Grades:** 4<sup>th</sup>-8<sup>th</sup>

**Fee:** \$15



### Sports R' Fun

After school at the Rec we offer an intense hour of action packed sports extravaganza. Each week will focus on a different sport...Basketball, Floor Hockey, Soccer and so much more! You are not going to want to miss out on the fun.

**Wednesdays:** 3:00pm-4:00pm

**Dates:** Sept. 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>, Oct. 4<sup>th</sup>, 11<sup>th</sup>

**Grades:** 4<sup>th</sup>-8<sup>th</sup>

**Fee:** \$15.00



### Tennis Lessons

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**Thursdays:** 3:00pm – 4:00pm

**Dates:** Sept. 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>, Oct. 5<sup>th</sup>

**Grades:** 4<sup>th</sup> -8<sup>th</sup>

**Fee:** \$25.00

### Crabbing at North Cove

Enjoy Friday afternoons at the dock crabbing the old school way with a line, some bait and a net. We will enjoy the last few weeks of warm weather learning about the regulations of crabbing and other wildlife in North Cove and the Lower CT River watershed.

**Fridays:** 2:45—4:00 PM  
8<sup>th</sup>

**Dates:** Sept. 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, Oct. 6<sup>th</sup>

**Grades:** 4<sup>th</sup> —

**Fee:** \$20.00



# Teen Center

## 4<sup>th</sup> & 5<sup>th</sup> Grade Youth Center Friday Drop - In

Your 4<sup>th</sup> or 5<sup>th</sup> Grader has the opportunity to enjoy all the teen center has to offer each Friday from 2:45—4:00PM. Try playing the XBOX, shoot some pool, play some basketball, get a snack or just hang with friends. Teen center is fully supervised and children must sign-in and have proper paper work filled out. Parents please note this program ends at 4:00PM and your child must be picked up on time!

**Fridays Only** 2:45—4:00PM      Grades 4<sup>th</sup> & 5<sup>th</sup> Only!!

**Membership \$5.00** for the WHOLE YEAR!!

**Paper work needs to be filled out to attend!!!**

**1<sup>st</sup> Friday is Sept. 8th**

## 6<sup>th</sup>—8<sup>th</sup> Grade Teen Center After-School Drop-In

Enjoy “The Rec” after school hanging out with all your friends! Stay active playing basketball, soccer, flag football and dodgeball games in our gymnasium. Play billiards on our pool table and ping pong in the Teen Center. Relax with games on our XBOX and PS3! Plus, we always have all the latest movies to watch on our big screen T.V.

Monday—Thursday: 2:45—5:30PM      Friday Nights: 7:00-9:30pm

Grades 6<sup>th</sup>—8<sup>th</sup> Only

**Membership required for after school times.**

**Paper work needs to be filled out.**

Membership Fee: \$20.00    Membership Year August 30<sup>th</sup> – August 30<sup>th</sup>

**\*After school Teen Center Begins Tuesday, September 5<sup>th</sup>\***

## Friday Night Teen Center

Each Friday night 6<sup>th</sup>-8<sup>th</sup> graders can enjoy a night in the Teen Center. The Teen Center offers a wide variety of activities to do in a safe supervised environment. We have some special events coming up such as a Flag Football League, Dodgeball Tournament and Annual Halloween Party. **Teens sign-in when they arrive and are not allowed to leave unless a parent/guardian picks them up**

**or provides permission for them to leave.** Members are free on Fridays nights. Non-Members pay \$5.00 Each Friday. Memberships are encouraged and cost \$20.00 per school year. \$20.00 Membership covers Friday nights and Monday—Thursday for School Year. **Friday Nights Start September 14<sup>th</sup>**

**When:** Fridays    **Time:** 7:00—9:30PM    **Free for Members**

Non-Members \$5.00 Each Friday

**Ages:** 6<sup>th</sup>– 8<sup>th</sup> Grade ONLY!!

# Youth Development Center

Respect yourself, Respect Others & Respect The Rec

# Friday Night Teen Center Special Events

Each Friday, the Teen Center is open to all Old Saybrook youth in 6<sup>th</sup>-8<sup>th</sup> Grade from 7:00-9:30pm. On select nights, we will be offering special programming ranging from Dodgeball Tournaments to our ever popular Flag Football League. Below is a sampling of some of the great activities we have lined up this fall!

## **Dodgeball Tournament – September 29<sup>th</sup>**

Students will form Teams of 6 for this bracket style elimination tournament. Creativity is encouraged for both team names and team uniforms! Games will start promptly at 7:30pm.

**Free for Members or \$5.00 at the door Time: 7:00-9:30pm**

## **Teen Center Halloween Party – October 27<sup>th</sup>**

Join us for this fun annual event. Night will include candy, games, costumes, photos & fun!

## **OSPR Flag Football League – November 3<sup>rd</sup>**

Our most popular event is back! Running for six weeks, our Teen Center Flag Football league will start on Friday, November 3<sup>rd</sup>. All participants must have signed permission slips to participate and will be placed onto one of six teams. League will run for six weeks, with the sixth week being the Playoffs and Superbowl Game. All games start promptly at 7:30pm on Friday Nights.

**Free for Members or \$5.00 at the door per night**

**Game Times: 7:30-8:00pm, 8:10-8:40pm, & 8:50-9:20pm**



# Teen Center Halloween Events

## **4<sup>th</sup> & 5<sup>th</sup> Grade Halloween Party – October 27<sup>th</sup>**

On October 27<sup>th</sup> we will have our annual Halloween Party for just 4<sup>th</sup> & 5<sup>th</sup> Graders. Event will take place directly afterschool. Event will run from 2:45pm-4:00pm.

Students are encouraged to wear costumes as we will be having a costume contest with prizes for most creative, funniest & best overall. In addition, we'll have plenty of Halloween Candy on hand and some great games and activities to get everyone in the Halloween mood!

**Free for Members or \$5.00 at the door Time: 2:45pm-4:00pm**



## **Annual Teen Center Halloween Party – October 27<sup>th</sup>**

On October 27<sup>th</sup>, we're celebrating Halloween early at the Teen Center! Students are encouraged to wear costumes as we will be having a costume contest judged by Teen Center staff! In addition, we'll have plenty of Halloween Candy on hand, a photo booth and some great games and activities to get everyone in the Halloween mood!

**Free for Members or \$5.00 at the door Time: 7:00-9:30pm**

# Hiking Trails in Old Saybrook

## **Clark Community Park (Town Park)**

170 Schoolhouse Rd  
84 acres of Parks, forest and trails  
Red, Yellow, Blue trails, ample parking

## **Great Cedars West**

148 Ingham Hill Rd  
200 acres of preserved land with Red, Yellow, Blue trails.

## **Great Cedars East**

Merritt Lane  
110 acres of preserved forest with Red, Yellow, Blue trails.

## **The Preserve**

241 Ingham Hill Rd  
1,000 acres of preserved coastal forest  
Interim trails are blazed: red, yellow, blue and green. Limited Parking on Ingham Hill Rd in Old Saybrook

## **Turtle Cove**

WATROUS POINT RD  
30 acres of preserved land with trails. Views of the CT River and saltmarsh



## **Athletic Clubs in Old Saybrook**

Old Saybrook Soccer Club  
Contact Person: Tyler Potts  
Phone – 860-989-2398  
Email – tylerpotts@icloud.com



Old Saybrook Westbrook Youth Football & Cheerleading  
Contact Person – Heather McIntyre  
Phone – 860-575-5148  
Email - oswyouthfootball@gmail.com



Old Saybrook Little League  
Contact Person – Trevor Nichols  
Phone - 860-391-3678  
Email – tnichols44@comcast.net



Old Saybrook Basketball Club  
Contact Person – Ryan Percival  
Phone – 434-249-0398  
Email – Ryanpercival@comcast.net



Connecticut River Ticks Lacrosse Club  
Contact Person - Hillary Sigersmith  
Email – Hsigersmith@icloud.com



## **2017 Strategic Plan Survey**

OSPR would like to thank those who have already filled out our survey and ask those who haven't yet to please take a moment to do so. It is a simple 14 questions survey that our department will use to gauge the public's interest in future planning of programs, events and facilities. The survey can be found on the home page of our website at [www.oldsaybrookrec.com](http://www.oldsaybrookrec.com).

## **Main St. Park update!!**

Construction has begun on Phase A of the Main St. Park. Phase A will include 33 parking spaces for the future park and landscaping and curb appeal as well as some benches. Construction will wrap up this fall.



# OSPR Trail Run at Town Park



**OSPR**  
PARKS AND RECREATION

## The Clarks Trail Run

Saturday, September 9, 2017

race options:  
**8 mile | 5k | 2.4 mile walk**



**9:00 am**  
Clark Community Park  
164 School House Rd,  
Old Saybrook, Conn.

presented by  
**College Planning Partnerships**  
**soundRUNNER**

for detailed race information

**Jonathan Paradis** | [jonathan.paradis@oldsaybrookct.gov](mailto:jonathan.paradis@oldsaybrookct.gov) | (860) 395-3152

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**\$25 Prior to September 8<sup>th</sup> | \$35 Race Day**

*All proceeds benefit OSPR pre-k and after school enrichment programs*

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**register at [www.oldsaybrookrec.com](http://www.oldsaybrookrec.com)**

*Or register in person at OSPR | 308 Main St. (behind the Town Hall) Old Saybrook, CT 06475*

This great event will benefit all of our pre-school and afterschool enrichment programs. Many thanks to our sponsors and to Zach Rosensohn for bringing this event to life!