

Old Saybrook Parks & Recreation



Spring & Summer Activities 2019

Visit our website at www.OLDSAYBROOKREC.com

Registration for all Programs begins on Tuesday, April 2nd

T-Ball and Coach Pitch registration ends on April 21st

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PROGRAM REGISTRATION INFORMATION/REFUNDS

- All recreational programs require advance registration unless noted. Programs are filled on a first come first served basis.
- Residents may register in person, online or by mail.
- Parks and Recreation reserves the right to change dates, consolidate classes, and/or modify programs in order to make programs accessible to the general public.
- Full refunds given (5) working days prior to start date of program. 50% refund will be given if cancellation occurs less than (5) working days prior to program.
- No refund given after program starts.
- A \$5.00 cancellation/transfer fee applies to ALL programs.
- Partial scholarships are available for most programs, please speak with Ray Allen for assistance.

Summer & Sport Camp Refund & Cancellation Policies

There is a \$20.00 Non-Refundable fee on all cancellations
Full Refunds will be given prior to 20 working days before camp begins.

50%Refund will be given less than 20 working days prior to camp.

No refund will be given after program starts.

\$10.00 transfer fee will be applied for all transfers into different sessions

There is a \$10.00 Non-Refundable fee on all cancellation of sport camps



OFFICE HOURS

**Mondays, Tuesdays,
Thursdays**
9:00AM — 4:30PM
Wednesdays
10:00AM—4:30PM
Fridays
9:00AM-4:00PM
Saturdays
9:00AM-4:00PM
Sundays (until 4/21)
11:00AM-4:00PM

BUILDING HOURS

Monday- Thursday
6:30AM – 8:30PM
Friday
6:30AM – 4:00PM
Saturday
6:30AM - 4:00pm
Sunday (until 3/30)
11:00AM – 4:00PM

Recreation Center Special Hours & Closings

Friday	April 19 th	Good Friday	Office Closed
Sunday	April 21 st	Easter Sunday	Building Closed
Monday	May 27 th	Memorial Day	Building Closed
Thursday	July 4 th	Fourth of July	Building Closed
Shutdown Week	Aug. 18-25 th	Offices OPEN	Center CLOSED

* Last Sunday open for the season will be Sunday April 7th *

OFFICE PHONE

(860)395-3152/3154 (fax)

ADDRESS

308 MAIN ST,
Old Saybrook, CT, 06475
(Recreation Center)

COMMISSIONERS

Susan Esty-Chair
Kevin Lane – Vice Chair
Star Ruekert - Secretary
Tom Boland
Jim Henderson
Nancy Gatta
Steven Pernal
Clerk: Sharon Tezzi

Staff

Ray Allen - Director
Jonathan Paradis – Assistant Director
Kyle Bohonowicz– Program & Facility Assistant
Rick Pine – Office Administrator
Adam Laverty & Pat Regan—Park Maintainer

3- 5 Yr Old Programs

T-Ball for Beginners

Get Into the swing of spring with this great class. Learn the basics of T-Ball, running the bases, throwing, and hitting off the tee. Class will last for 4 weeks take place in the gym at the Rec. Center. Choose one class only!!!



Age: 3-4

Fee: \$15.00

Wednesdays: 11:00 – 11:45AM

Dates: May 1st, 8th, 15th, 22nd

Fridays: 10:00 – 10:45AM

Dates: May 3rd, 10th, 17th, 24th

Saturdays: 9:00 –9:45AM

Dates: May 4th, 11th, 18th, 25th

Creative Dance Movements

Kids learn how to groove to the rhythm of their favorite songs. Kids will learn some basic dance moves with an imaginative mind, clapping hands, and cool props. Class lasts for 5 weeks and takes place at the Recreation Center.

Thursdays: 4:45 – 5:30pm

Ages: 3-5

Dates: April 25th, May 9th, 16th, 23rd & 30th

Fee: \$15.00

Hand Painting

Join us as we explore the painting using our hands as the medium. We will create fun and colorful works of arts.

Saturdays: 9:45-10:30AM

Ages: 3-5

Dates: May 4th, 11th, 18th, 25th June 1st

Fee: \$15.00

Shining Stars

This theatrical program will include highly structured Drama activities and games followed by rehearsals for our live production! Each class, we make sure that your child is having a fantastic time while developing essential life skills along the way. These classes build on each other, and working towards our big idea for the program. Each class will incorporate fun confidence building activities, games and rehearsals and a live production.



Saturdays: 9:00-9:45am

Ages: 3—5

Dates: June 22nd, July 6th, 13th, 20th 27th Aug. 3rd

Fee: \$40.00

Life at the Beach

This class features lots of crafts projects that will focus on a Beach Theme. We will use shells, sand, stories, sea creatures and more. Class takes place in the Recreation Center. Class lasts 5 weeks.

Saturdays: 9:45-10:30am

Ages: 3– 5

Dates: June 22nd, 29th July 6th, 13th, 20th

Fee: \$15.00



Summer Concert Series



<u>Date</u>	<u>Performer, Genre</u>	<u>Sponsor</u>
June 12 th	Timmy Mia, Modern R&B	Yale New Haven Health
June 19 th	Dan Stevens, Blues	Middlesex Primary Care
June 21 st	Branded Country, Modern Country	
June 26 th	Rock Solid Alibi, Classic Rock Covers	Grossman Chevrolet
July 3 rd	The Meadows Brothers, Folk Rock	
July 5 th	Black n White, Classic Rock Covers	Yale New Haven Health
July 10 th	Les Julian, Children & Family	OS Youth & Family Services
July 17 th	The Kenn Morr Band, Folk Rock	Karen Ursini & Dana Gibson
July 19 th	Caribbean Vibes, Steel Drum	OS Republicans
July 24 th	Jeff Burnham & The Insiders, Americana	
July 31 st	Gold Rush, Country	JM Realty
Aug. 2 nd	Acoustic Marsh Pit, Cover Band	Denali
Aug. 7 th	Gracie Day, Country Folk	Yale New Haven Health
Aug. 14 th	Long Island Sound, Big Band	Cloutier & Cassella & Penny Lane Pub
Aug. 16 th	Among the Acres, Folk Americana	OS Republicans
Aug. 21 st	The Larry Bonin Band, Classic Rock	TJ's Pizza & OSPR



Wednesdays 6:30pm - 8:00pm on the Town Green
Bring a blanket or a chair and a picnic basket and enjoy an evening of great music

Shows in Red are on Friday Nights at Harvey's Beach and start at 7:00pm

Outdoor Summer Facilities

Saybrook Point Mini Golf

155 College St
Old Saybrook, CT, 06475
Phone 860-388-2407

Saybrook Point



Miniature Golf

**\$5.00 per Round / Call for group rates of 10 or more
Schedule**

Spring Hours – May 3rd - May 24th

Friday: 4:30pm - 10:00pm

Saturday 11:00am – 10:00pm

Sunday: 11:00am - 8:00pm

Summer Hours – Memorial Day Weekend – June 14th

Sunday- Thursday 11:00AM-8:00PM

Friday & Saturday 11:AM-10:00PM

Summer Hours June 15th – Labor Day

Monday – Sunday 11:00aAM – 10:00PM

- Birthday party rates available Mon—Fri. before 4:30PM
- Senior Day (60-over)—Wednesdays 11:00AM—4:30PM Cost is \$3.00
- Kids Day (12 yrs old & younger) Monday 11:00AM-4:30PM Cost is \$3.00
- Ice cream, Hot Dogs, Chips, soda & water available for purchase
- All Hours Weather Permitting

Splash Pad at Kavanagh Park

The splash pad is designed for Old Saybrook toddlers to third graders with adult supervision. The 6 different elements operate on a timer that controls when each goes on and shuts off in a 4 minute cycle. Water can be turned on by the black pad that is located on top of the red post at the front right corner of the play pad. The Splash pad will be open on weekends in June until daily operations begin Memorial Day weekend, weather permitting or as Posted **Check our website for this seasons hours of operation.**

OSPR Beaches

Town Beach

Located on Plum Bank Rd. provides swimming and beach activities on Long Island Sound. Restrooms, Food services and Lifeguards are provided from Memorial Day through Labor Day, weather permitting. Required Resident parking passes are available at the Park & recreation Office beginning in April and must be displayed on car at all times to park at Town Beach.



Harvey's Beach

Harvey's Beach welcomes the public and provides access to Old Saybrook's waterfront. Located on Great Hammock Rd. and Long Island Sound, it provides changing rooms, restrooms, playground and lifeguards. Resident parking passes are accepted, or a daily admission fee is required. It is open Memorial Day through Labor Day, weather permitting.

Lifeguard and Bathhouse Hours

Monday - Friday 10:00AM-5:00PM

Saturday & Sunday 10:00AM – 5:30PM

RECREATION PARKING PASS POLICY

RECREATION PARKING PASS POLICY

The Parks & Recreation Commission issues Recreation Parking Passes to residents and property owners for parking privileges at town facilities under the jurisdiction of the Commission. Listed are regulations relative to the issuance of these passes.

APPLICATION PROCEDURES

Recreation Parking Passes may be obtained in person at the Parks & Recreation Office (entrance on Sheffield St.) backside of the Town Hall. Provide current driver's license displaying Old Saybrook Address. A pass can also be purchased online.

BUY YOUR PASSES EARLY ONLINE

Passes may also be obtained online at

<https://oldsaybrookbeach.cityhallsystems.com/index.php> **When ordering passes online please be aware it may take up to two(2) weeks for pass to arrive. You cannot cancel order and pick up pass at OSPR.**

Passes must be affixed to driver's side of windshield.

PERMANENT RESIDENT PASSES

A maximum of two (2) Recreation Passes may be issued to each household. A fee of \$20.00 will be charged for the first pass and \$30.00 for the second pass. Veterans and Seniors (62 years+) pay \$10.00 for the first and \$20.00 for the second pass. A \$50.00 fee applies for lost or Stolen Passes. Recreation Parking Passes are valid for one (1) summer season.

RENTERS PASSES

Permanent Renter = Rents year round

Seasonal Renter = Person who rents a dwelling for 5 or more weeks

Part-Time Renter = Person who rents for 1 to 4 weeks

Permanent renters may apply for (1) Recreation Parking pass. Must have proper proof of residency .I.E proper driver's license, any bills, ETC...

Seasonal Renters (5 or more weeks) may NOT apply for a season pass

Part-Time renter pass will be valid for a two (2) week period. A fee of \$20.00 for the two (2) weeks will be charged. Two (2) two weeks period maximum: Pass honored at Harvey's Beach only. The renter's car registration is required along with rental verification (lease, agreement, etc.). Must be provided to be granted pass

COMMERCIAL PROPERTY OWNER PASS

Business owners who **own the commercial property** where the business is located may apply for one (1) Recreation Parking Pass. **MUST PROVIDE VERIFICATION OF BUSINESS OWNERSHIP.**

DOCKOMINIUM OWNERS

Owners of a dockominium on Ferry Rd. may apply for one (1) Recreation Parking Pass. Pass is honored at both beaches. **MUST PROVIDE PROPER VERIFICATION OF OWNERSHIP.**

INNKEEPER PASSES

Innkeeper may purchase Innkeeper's Recreation Parking Passes upon presentation of their letterhead. A maximum of ten (10) passes will be issued. Additional passes will not be issued during the season. **A FEE OF \$15.00 WILL BE CHARGED FOR EACH PASS.**

PASSES GOOD ONLY AT HARVEY'S BEACH. (Room key must be shown with pass)

*Establishments with less than 10 rooms may purchase passes for that number.

VISITORS

A season visitor (friend-house sitting, etc. or family visitor) is **NOT ELIGIBLE FOR A RESIDENT/PROPERTY OWNER PARKING PASS.**

NON-RESIDENT SEASON PASS

\$150.00 (Good for one car/registration, marker number required from car registration.)

Two Passes permitted if both cars are owned/registered to applicant's residency

Cover Photo

OSPR would like to thank local photographer Liz Burnell for supplying us with our cover photo. Liz took this photo of Lynde Point Lighthouse at Sunrise in October of 2017. Liz started photography in January 2014, she went and bought a 'real' camera and has not put it down since!

"It's my passion, and I love sharing my photos for others to enjoy. I'm very lucky to live in Old Saybrook with all it's beauty! "

To see more of Liz's artwork, please visit her website and online gallery at <https://lizburnell.smugmug.com/> or find her on Instagram at [liz.burnell.photography](#).

Old Saybrook Recreation Parking Passes

All residents wishing to park at a town beach this summer may purchase a Recreation parking pass. To obtain a pass, please visit <https://oldsaybrookbeach.cityhallsystems.com/index.php> or come into the Rec Center with a current Driver's License starting April 2nd. Passes will be mailed to your home. A Recreation parking pass allows you to park at Town or Harvey's Beach. Without a pass a \$10.00 (weekday) \$20.00 (weekend and Holiday) daily fee is charged at Harvey's Beach. Senior citizen rates available.

Fees: 1st car =\$20.00 2nd car =\$30.00



Follow us on Twitter at @OSParksRec



Find us on Facebook Old Saybrook Parks and Recreation

"Bringing our Community together through excellence in our beaches, parks, fields, facilities and programs."



Old Saybrook Parks & Recreation
308 Main St.
Old Saybrook, CT, 06475
860-395-3152
860-395-3154 (F)
www.oldsaybrookrec.com

K – 3rd Grade Program

Silly Scientist

In this program your child can create some cool “science” projects. Make Slime, Jewel Crystals, Worms, and more. Classes take place at the Goodwin School. Class will meet for 5 weeks after school at Goodwin

Mondays: 3:15– 4:00PM

Grades 1st–3rd Grade

Dates: April 22nd, 29th May 6th, 13th, 20th

Fee: \$25.00



Flag Football

Students in 2nd & 3rd grade are invited to learn the basics of flag football. This Co-ed non-contact activity will meet once a week for 5 weeks. Program meets at Goodwin. Dress appropriately for outside play

Tuesdays: 3:15 – 4:00PM

Grades: 2nd & 3rd Grade

Dates: April 30th May 7th, 14th, 21st, 28th

Fee: \$15.00



Kick Ball Club

Your Child can enjoy the great game of kickball in this fun & energetic class. A great way to get that energy out afterschool. Class takes place after school at Goodwin Elementary.

Wednesdays 3:15 –4:00PM

Grades: K – 3rd Grade

Dates: April 24th, May 1st, 8th, 15th, 22nd

Fee: \$15.00



Dancing Class at Goodwin

Dance for joy with OSPR’s dance party. Warm up, shake it up, and get down to today’s hottest jams. Come and enjoy the fun. Wear comfortable clothes, dance shoes or sneakers, no bare feet. Class takes place at Goodwin Elementary.

Thursdays: 3:15-4:15PM

Grades: K-3rd

Dates: April 25th, May 9th, 16th, 23rd & 30th

Fee: \$15.00

4th – 5th Grade Afterschool Programs

Stickball at MacMurray

OSPR is taking you all the way back to NYC in the 50’s for some afterschool fun. We are playing stick ball on MacMurray Field. Using a tennis ball and a broom handle we will bring the fun of baseball and the nostalgia of stick ball to our 4th & 5th graders.

Tuesdays: 2:45–3:45 PM

Grades: 4th–8th Grade

Dates: April 30th May 7th, 14th, 21st, 28th

Fee: \$15.00



Flag Football

Participants will be placed in teams each week and will play outdoors. OSPR will provide the flags and teach each participant the skills of throwing, catching and scoring TD’s. Class will take place in the gym at the Rec in the event of poor weather.

Thursdays: 2:45-3:45PM

Grades: 6th–8th Grade

Dates: April 25th May 2nd, 9th, 16th, 23rd

Fee: \$15.00

Friday Fishing at Town Park

What better way to end the week than an hour of fishing outdoors! Join OSPR at Crystal Lake from 3:00pm – 4:00pm. This program will focus on how set up your pole, cast and reel in the big ones. You can bring you own pole, or we can provide one for you. Only 8 spots are available for this great program.

Fridays: 3:00-4:00 PM

Grades: 4th–8th Grade

Dates: May 10th, 17th, 24th, 31st

Fee: \$15.00

www.OldSaybrookRec.com

Teen Center

Teen Center Hours

4th&5th Grade – Friday Afternoons 2:35pm-4:00pm

6th-8th Grade – Monday – Thursday Afternoons 2:35pm-5:30pm

Friday Night Teen Center - 6th-8th Grade - 7:00pm-9:30pm

For more information on the Teen Center, please contact Kyle Bohonowicz at Kyle.Bohonowicz@OldSaybrookCT.gov or by phone at 860-395-3152

Friday Night Teen Night

Each Friday Night, OSPR provides a safe and fun environment for 6th-8th graders. Whether it's utilizing the gym, playing a game of pool, or simply socializing with friends, the Teen Center is open! As the warmer weather approaches we have some great events lined up, so don't miss out!

- **3-on-3 Co-Ed Basketball Tournament -Friday, March 22nd**
- **Co-Ed Volleyball Tournament -Friday, April 12th**
- **Home Run Derby -Friday, May 3rd- Sponsored by: Parthenon Diner**
- **Dodgeball Redemption Tournament -May 17th**
- **8th Grade Goodbye BBQ -Friday, May 31st**

Friday Nights: 7:00-9:30pm

Grades: 6th-8th

Membership Fee: \$10.00

Non-Members: \$5.00 per Friday

****Teens must sign-in upon arrival and will not be allowed to leave unless a parent/guardian picks them up or provides permission for them to leave***

April Vacation Teen Center

During April Vacation, the Teen Center will be open from Monday April 15th- Friday April 19th from 12:00PM – 5:00PM. All students in grades 6th -12th are welcome to attend. Every day at 2:00PM we will have a group activity offered. There is no additional cost during this week, it's part of your Teen Center Membership. We ask that all students sign in and out and follow the Teen Center Rules. This is a great opportunity for students to spend time with friends in a fun, safe and supervised setting. As we get closer to April, there will be more information available.

Summer Teen Center

The Teen Center is open throughout the summer on Tuesdays and Thursday afternoons from 12:00pm - 5:00pm. Teen Center members can use the game room, black top and gym to hang out with friends under the supervision of our Teen Center staff. During the summer months the Teen Center is for any member entering grades 6th-9th.

Tuesdays & Thursdays: 12:00pm - 5:00PM

Grades: 6th-9th

Free with membership

After School Programs – FREE W/ MEMBERSHIP

Madden Tournament

Do you think you are the best Madden Player at the Rec? Well, now is your time to prove it! Season begins April 24th with kickoff starting at 4 pm. This will be a single elimination style tournament that will help decide our Lombardi champion!

Wednesdays: 4:00-5:30PM

Grades: 6th-8th

Free with membership

**Respect Yourself, Respect Others,
Respect The Rec**

New Programming

Intro to Irish Dancing w/ The Gray School

In this exciting class, you will learn energetic moves and your feet will fly with ease as you learn fun Irish Dance steps.

Do you like to dance, jump and skip? We will learn dances together to fun electrifying music. You will leave energized after learning this exhilarating dance form! Miss Maura Gray, ADCRG, from the Gray School of Irish Dance will teach this class.

Mondays: 5:30-6:30pm

Dates: April 22nd, 29th May 6th, 13th & 20th

Grades: K-3rd

Fee: \$30.00



Youth Golf at 100 Acres Driving Range at Cherry Stones

New this spring to OSPR is Youth Golf Clinics at 100 Acres Driving Range at Cherry Stones Old Lyme on Shore Road. This spring clinic will focus on Full swing, short game, as well as rules, and strategy.

Clubs will be provided if needed

Wednesdays: 4:30-5:30pm

Dates: May 8th, 15th, 22nd, 29th, June 5th

Grades: 4th-8th

Fee: \$40.00



Intro to Photography

In this course, you will learn how to work with your camera of choice. Learn how to use the settings on your SLR camera, point and shoot and your smart phone.

Composing a photograph and basic concepts of photography will be taught. From a brief history of photography to printing your photos, we will cover the basics of photography and practice what we have learned. Class is instructed by Tina Rupp. Tina, is a professional photographer based out of NYC and photographs everything that deals with food. She has worked with Bon Appetit, Food & Wine and Food Network to name a few of her clients. Class will take meet at the Rec. and take place around the Rec. Center property. Each child will need their own camera, all types are welcome.

Mondays: 2:45-3:45pm

Dates: April 22nd, 29th May 6th, 13th, 20th

Grades: 4th-8th

Fee: \$25.00



Intro to Brazilian Jiu Jitsu

This program integrates physical education and self-defense technique with conditioning and skill-building games aimed at improving coordination, motor skills, agility and flexibility. Our program helps young students develop important character traits and values. Class takes place at the Renzo Gracie Shoreline Academy.

Monday & Wednesday: 5:30-6:30pm

Date: April 22nd – June 3rd

Grades: K-3rd

Fee: \$15.00



Semi-Private Basketball Lessons

Lessons are taught by Pete Vincent, Head Varsity Coach of Ledyard High for 25 years. Pete will work with 4 kids max in a session. Focusing on individual skills with offense and defense. A min of 3 children to run a session, a max of two sessions to be offered.

Saturdays: 8:00am-9:00am

Dates: June 22nd, 29th, July 13th, 20th

Grades: 6th-12th

Fee: \$50.00



OSPR Spring Specials

School Out's Vacation Camp 1st – 5th Grade

Looking for something fun and exciting for your child to do while school is out? Your child can enjoy activities such as tag games, dodge ball, Arts –n- Crafts, movies and more. Please bring snack and lunch and active clothes, Program is held at the Recreation Center. A special field trip will be planned. **Space is limited. Sign up early!!**

Dates: Mon. – Fri. April 15th-19th

Ages: K—5th Grade

Times: 9:00AM—4:00PM

Fee: \$105.00 for the Week

Teen Center is open Noon – 5:00pm 6th – 8th ONLY

Easter Egg Hunt

Join us for this fun event to find different pieces of wrapped candy and prizes. Three different fields around the Recreation Center will be used for the kids to hunt .Age groups will be 2-4 yr olds on McMurray Field, 5yr olds - 1st graders on the Middle school field, and 2nd & 3rd graders on the Town Green. Please bring a basket to put the goodies in. Don't forget to bring a camera to take pictures with the Easter Bunny. Sponsored by Old Saybrook Lions Club.



Date: Saturday, April 13th

Fee: FREE

Hunt Times: 2-4 yr olds 11:00AM

5yr - 1st Grades 11:15AM

2nd & 3rd Grades 11:30AM

Annual Rock Hunt at Town Park

It's time to go rock hunting!! This fun annual event will be held at Clark Community Park on Schoolhouse Rd. The Hunt will begin at 10:00AM (sharp). Hunters in grades 4th-6th are invited to search the woods for painted rocks which can be traded in for gift certificates, candy prizes and more. Anyone up for the challenge should show up on time with a bag or bucket to collect the rocks. Please sign up online or in the office for this event to give us an idea of numbers.

Date: Friday, April 19th

Grades: 4th—6th

Time: 10:00AM

Fee: FREE

6th Annual Ray Dobratz Annual Fishing Derby

Join us for a fishing derby at Crystal Lake at Clark Community Park on Schoolhouse Rd. Who will get the biggest catch of the day? Children age 5-15 can be accompanied by a family member in this great derby which kicks off the fishing season. The lake will be stocked with trout for all to enjoy. Prizes will be awarded for biggest fish caught. Coffee, hot chocolate & donuts will be served in the morning and Hotdogs will be available later in the morning. Register by April 26th

Date: Saturday, April 27th

Fee: \$5.00 per person

Time: 7:00-10:00AM **OS Residents Only - Participants 16+ bring valid fishing license.**



Pickleball

Pickleball for Adults

Pickleball is a great program to be active and have fun at the same time. Beginners to advanced are all welcome. Our program meets twice a week on Monday and Thursday mornings. Both programs take place at the New Main. St. Park.



Spring: Mondays & Thursdays – 4/29 – 6/24

Time: 9:30AM-11:00AM

Ages: 30+

Fee: \$20.00

Summer: Mondays & Thursdays – 6/27 - 8/22

Time: 9:30AM-11:00AM

Ages: 30+

Fee: \$20.00

Summer Saturday Pickleball @ The Rec

It is our same fun year long program, just on Saturdays in the summer at the Rec. Teams and games will be formed on the spot and we will rotate all players through three courts.

Saturdays: 9:30-11:00AM

Ages: 30+

Dates: June 22nd – August 17th

Fee: \$20.00

Instructional Pickleball Lessons

This class will cover the basics of the sport from grip to swing, rules and game play. This is a program for anyone who has yet to master the sport! Class is taught by USAPA Ambassador, Pro and referee, Kathy Reidy.



Wednesdays: 5:30-6:30pm

Ages: 18+

Dates: May 8th, 15th, 22nd, 29th June 5th, 12th

Fee: \$40.00

Summer Pickleball Mixed Doubles League

Join us for our inaugural season of Pickleball at our new courts on Main St. Individuals will register and you will be placed with a partner for mixed doubles play. This is a co-ed, friendly league focusing on play, socializing and getting outdoors. You will play each day with a new partner. Balls will be provided, participants will need a racquet.

Days: Wed & Friday 9:00am -12:00pm

Ages: 30 +

Dates: June 19th –Aug 8th *no league play week of 7/4*

Fee: \$30.00

we will confirm the dates and time of our inaugural league by April 1st

Tennis League

Summer Tennis League for Adults

Join us in our second season of our summer Tennis League for adults on Thursdays nights at the Old Saybrook High School Tennis courts. You will rotate partners each week and play games of doubles or mixed doubles depending on the match. You can expect to play two, 7 game matches each week.



Thurs: 6:00-8:00PM

Ages: 18+

Dates: June 20th – August 22nd

Fee: \$30.00

Teens Trips 7th -12th Grade

Lake Compounce, Bristol, CT

Bring your towel, lots of sunscreen and prepare yourself for a load of fun.

Date: Wednesday, June 26th

Cost: \$35.00

Leave Old Saybrook P&R: 10:00am
5:00pm

Return approximately:



Powder Ridge Zip Lining & Tubing, Middlefield, CT

Powder Ridge Mountain Park and Resort is excited to present their new

Spring, Summer and Fall Programs. Campers will have the chance to go Zip Lining and Tubing at the Ridge. Pack a lunch or bring money to purchase lunch at the Café.

Date: Tuesday, July 9th

Cost: \$50.00

Leave Old Saybrook P&R: 9:15am

Return approximately: 3:00pm



Tubing the Farmington River

Park yourself in a river tube and float down the 2.5 mile ride down the wild and scenic Farmington River. Pack a lunch to enjoy by the river following our ride.

Date: Wednesday, July 3rd

Cost: \$35.00

Leave Old Saybrook P&R 9:00am

Return approximately 3:00 p.m.

AMF Circle Lanes, East Haven, CT

Take on your friends to see who can bowl the highest score. Be sure to bring a lunch

Date: Tuesday, July 16th

Cost: \$50.00

Leave Old Saybrook P&R: 12:15pm

Returns: approximately: 3:45pm

Yard Goats Baseball Game Hartford, CT

Join us for a day at the Ball Park in the Dunkin' Donuts Park as we watch the AA affiliate of the Minnesota Twins in this 12:05 day baseball game. Check out the future of the Major Leagues! Bring some extra money to enjoy some snacks at the stadium.

Date: Wednesday, July 17th

Cost: \$25.00

Leave Old Saybrook P&R: 10:00am

Return approximately: 4:00pm



WNBA CT Sun, Uncasville, CT

Come join us for CT Sun Camp Day at Mohegan Sun Arena as we watch the WNBA CT Sun take on NY Liberty. Tip-off is at 11:30am; please make sure to bring some extra money for a snack during the game.

Date: Wednesday July 24th

Cost: \$25.00

Leave Old Saybrook P&R: 10:30am

Return approximately: 3:00pm



Sports Center, Shelton CT

Everything from Mini Golf, Batting Cages, Golfing Range, and much more!

Date: Friday, August 2nd

Cost: \$35.00

Leave Old Saybrook P&R: 9:00am

Return approximately 4:00

Brownstone Exploration & Discovery Park, Portland CT

A day of adventure at the park with access to floating water toys, trampoline, water slide and, cliff jumps. Pack a lunch and plenty of sunscreen!

Date: Wednesday, August 7th

Cost: \$35.00

Leave Old Saybrook P&R: 9:15am

Return approximately: 4:00pm



Six Flags New England, Agawam MA

Participants will be able to ride their favorite rides and test their bravery on some of the biggest roller coasters around. Bring some extra money to enjoy park food or grab a souvenir!

Date: Wednesday, August 14th

Cost: \$35.00

Leave Old Saybrook P&R: 9:00am

Return approximately: 5:00pm



Summer Camps

Junior Playground Camp at The Rec. (Age 4 - Kindergarten)

This Fun program will provide a variety of different activities: outdoor games, water color, collages, story time, water games, playground play, trips to the splash pad, and many more exciting activities. Program is held from 9:00AM– 12:00PM at The Rec Center.

Session 1	6/17 – 6/20	\$65.00
Session 2	6/24 – 6/27 *Special Music Guest*	\$65.00
Session 3	7/1-7/5* no 7/4*	\$65.00
Session 4	7/8 – 7/11	\$65.00
Session 5	7/15 – 7/18	\$65.00
Session 6	7/22 – 7/25	\$65.00
Session 7	7/29 – 8/1	\$65.00
Session 8	8/5 – 8/9 *Special Music Guest*	\$65.00
Session 9	8/12 – 8/15	\$65.00

Park & Rec Summer Camp 1st-5th Grade

Sessions are open to all residents entering 1st -5th Grade. Summer camp is a series of one week programs that will feature field games, sport activities, arts-N-crafts, trips and special events. Program held Monday-Friday 9:00-4:00PM. Program takes place at the Recreation Center. ***NO CAMP JULY 4th***

Session 1	6/17 – 6/21	CT Beardsley Zoo	\$110.00
Session 2	6/24 – 6/28	Berlin Batting Cages	\$110.00
Session 3	7/1 – 7/5 *no 7/4*	The Dinosaur Place	\$100.00
Session 4	7/8 – 7/12	CT Science Center	\$110.00
Session 5	7/15 – 7/19	Steam Train and Boat Ride	\$110.00
Session 6	7/22 – 7/26	The Peabody Museum	\$110.00
Session 7	7/29 – 8/2	Mystic Aquarium	\$110.00
Session 8	8/5 – 8/9	The Children's Museum	\$110.00
Session 9	8/12 – 8/16	AMF Bowling	\$110.00

Tuesday

Harvey's Beach

Wednesday

Mini Golf

Thursday

Special Trip

Color Wars

The last week of camp (**Session 9**) will be our 7th Annual Color Wars Week. This week the campers are split up into teams and will have games and activities throughout the week as part of the Color Wars. On Friday Color Wars ends with an Olympic style opening ceremony and tournament with winner being announced during the closing ceremony on Friday Afternoon.

Before Camp & After Camp Care 1st-8th Grade

The Park & Recreation Department will offer a Before & After Camp Care program. These extra hours are designed to provide supervision to youth in grade 1st – 8th whose parents work beyond the 9:00-4:00PM Camp time. We will staff from 8:00 –9:00am and After Care will be available from 4:00 – 5:30 p.m. Staff is not on duty before 8:00 a.m. or after 5:30 p.m.

Before Care: 8:00am-9:00am

Fee: \$20.00

After Care: 4:00pm-5:30pm

Fee: \$25.00

Yellow Shirt Jr. Camp Counselor Volunteer 1st-5th Grade camp (Monday – Friday)

Children who are going into 8th- 11th grade can "work" as a Yellow Shirt counselor at the camp. As a volunteer counselor that aids the main staff in provided care for the children. Basic duties include set up/breakdown of games, bathroom breaks, group supervision on trips, being active in games, and much more.

****Register early, this fills up FAST****

Monday-Friday: 9:00am-4:00pm

Fee: \$5.00 for Jr. Staff shirt

Summer Camps

Middle School Summer Camp 6th-8th Grade

Register for camp this summer and enjoy a week of fun & games! Camp is Mondays, Wednesdays, Fridays and meets at the Recreation Center from 9:00AM– 4:00PM. Mondays we head downtown on our Main Street Stroll, Wednesdays, Mini Golf and the afternoon at Town Beach and on Fridays we head out for a Field Trip. Space is limited.

Session 1	6/17– 6/21	LaserQuest	\$95.00
Session 2	6/24 – 6/28	*Lake Compounce*	\$95.00
Session 3	7/1 – 7/5	*Tubing the Farmington River*	\$95.00
Session 4	7/8 – 7/12	Rockin Jump	\$95.00
Session 5	7/15-7/19	*Yard Goats Game*	\$95.00
Session 6	7/22 – 7/26	*WNBA*	\$95.00
Session 7	7/29 – 8/2	Sports Center of CT	\$95.00
Session 8	8/5 – 8/9	*Brownstone Adventure Park*	\$95.00
Session 9	8/12 – 8/16	*Six Flags*	\$95.00

Trips for each session

Monday	Wednesday	Friday
Main Street Stroll	Mini Golf & Town Beach	Special Trip *Wednesday trip*

Summer Basketball League w/ OS Basketball Club

OSPR has teamed up with Old Saybrook Basketball Club to offer summer youth basketball leagues on the Vin Baker courts. This is a great opportunity to play the game throughout the summer and get to know your coaches before the season starts. We will have 4 divisions playing pickup style basketball. We will keep score and teams will change week to week.



Thursdays: 6:00-8:00PM

Grades: 5th- 6th & 7th-8th

Dates: June 27th – August 8th ***No game 7/4 & 7/18*** **Fee:** \$25.00

Summer Movies Nights

In our 2nd year of Summer Movie Nights we will expand to offer four movies at three venues. We will have a movie this year at Saybrook Point in addition to the Green and Harvey's Beach. All the movies will take place on a Friday evening, shows will start close to 8:00pm.

<u>Date</u>	<u>Location</u>	<u>Movie</u>	<u>Sponsor</u>
6/28 – 8:30pm	Town Green	The Peanuts Movie	
7/12 – 8:30pm	Saybrook Point	Christopher Robin	Child & Adult Ortho
7/26 – 8:15pm	Town Green	Mary Poppins Returns	H&R Block
8/9 – 8:00pm	Harvey's Beach	Small Foot	

Summer Movies Nights is sponsored by:



YaleNewHavenHealth

Old Saybrook Medical Center



Spring Tee-Ball for Kindergarten and 1st-2nd Grade

Kindergarten Tee-Ball

OSPR Tee-Ball program is designed to teach skills, encourage team work, provide fun, and to build self-esteem. Tee ball is a fundamental step to playing baseball and softball. Participants will have one practice per week and play games on Saturdays.

Saturdays: 10:00 or 11:15AM

Grades: 5 yr olds - K

Dates: May 4th – June 15th

Fee: \$30.00



1st Grade Coach Pitch

OSPR Coach Pitch program is designed to teach skills, encourage team work, provide fun, and to build self-esteem. This program is an excellent intro to baseball and softball. Participants will have 2 practices per week and play games on Saturdays.

Saturdays: 10:00 or 11:15AM

Grades: 1st

Dates: May 4th – June 15th

Fee: \$30.00

Our league is sponsored by:



Registration deadline is Thursday, April 18th. Coaches are needed!!!

Coaches meeting will be Wednesday, April 24th at 5:30pm at the Rec.

Yoga Classes at Saybrook Point & Harvey's Beach

6 week Gentle Yoga Classes

Every six weeks OSPR holds an ongoing Adult Gentle Yoga program at Saybrook Point. This program meets on Monday and Thursday mornings. Our program is taught by Terri Cain, BFA, MA, MDiv. She is a certified Kripalu Yoga teacher. Her goal is to help each student find their unique yoga practice. An active community advocate and Beacon Award recipient, please check our website for more information on the next program to register.



Gentle Yoga

A Unique class designed to truly introduce you to your body and all the amazing movements it is capable of. Explore your flexibility to both beginners and experienced. Lots of modification is offered. Sign up and do something healthy for yourself. Class lasts for 6 weeks and takes place on Monday's and Thursdays at The Vicki G. Duffy Pavilion at Saybrook Point.

Time(s): 10:00AM or 11:15AM

Ages: 18+

Fee: \$65/\$75 Non-Res

Session 6: April 1st– May 9th

Session 7: May 13th – June 24th

Session 8: June 27th - Aug. 8th

Beach Yoga w/ Terri Cain at Harvey's Beach rt. 154

Wednesday: 6:00-7:00pm

Age: 18+

Dates: June 19th-August 14th

Fee: \$60/\$70 Res/NonRes

Summer Sports Camps

U.K International Soccer Camps

UK international Soccer tots program introduces soccer in a fun filled environment. Players learn the fundamentals through soccer based activities. UK Soccer Camp for 7-15 yr olds teaches fundamentals of soccer through a range of activities. Campers will enjoy playing soccer games, tag games and more. A Rain Date of Sat. 6/22 is reserved.

Tots Camp and UK Camp: June 17th – 21st

Age: 3-4 Yr Olds **Time:** 9:00 – 10:15AM

Age: 5-6 Yr Olds **Time:** 10:30 – 12:00PM

Ages 7-15 Yr Olds **Times:** 9:00AM-12:00PM



Fee: \$40.00

Fee: \$50.00

Fee: \$80.00

OSPR Summer Adventure Day Camp

Back this summer is OSPR Adventure Hi and Low ropes camp. Campers will work on Team building exercises, ice breakers, high and low rope stations. This will be a challenge by choice camp. Camp will meet in OSMS Gym and will be instructed by OSMS PE teacher Katey Flanagan.

Time: 9:00AM-3:00PM

Dates: June 24th – 28th

Grades: 7th-9th

Fee: \$110.00



Jr's & Youth Tennis Camp

Instruction will take place using shorter, lighter racquets, slower and lower-bouncing balls and smaller court dimensions, making the learning process easier and a lot more fun. The emphasis is on basic hand-eye coordination, movement, and making kids' first experience fun, easy, and successful. Instruction will include the fundamentals of tennis through play-based activities and skills progression. Taught by Ruthanne Rothman, a USPTR Certified Instructor and OSHS Varsity Girls Tennis Coach. Please bring your own racquet.

Trask Park Mon - Thurs: 9:00 – 10:00AM **Ages: 5 -7 or 8-14**

Dates: July 29th- August 1st **Fee:** \$40.00

Times: Jr.'s Camp 9:00-10:00AM, Youth Camp - 10:15-11:15AM or 11:30-12:30pm



LACROSSE CAMP w/ The Black Wolves

Camp is designed to teach beginners, intermediates, and even those with more experience. Camp will focus on catching, throwing, shooting, ground balls, cradling, and 3-man weaves. Bring plenty of water. Lacrosse sticks will be available for those who need them. Camp takes place on the turf at OSHS and is instructed by OSHS Varsity Coach James Hespeler and athletes from the New England Black Wolves.

Time: 5:00—7:00PM

Grades: 3rd—8th

Dates: July 8th – 11th **Fee:** \$25.00



Dance Camp w/ The Gray School of Irish Dance

In this exciting camp, you will learn energetic moves and your feet will fly with ease as you learn fun Irish Dance steps. We will learn dances together to fun electrifying music. Join us for a week full of dancing, crafts and games, a little bit of Gaelic and plenty of fun! Dancers will learn the Jig and Reel and start to develop the most important skills to be a beautiful Irish dancer.

Mon - Thurs 9:00AM -12:00PM

Mon - Thurs 5:00PM – 8:00PM

Dates: July 29th – August 1st

Grades: K-3rd

Grades: 4th – 8th

Fee: \$40.00



Old Saybrook Basketball Club Basketball Camp

This coed instructional camp is for boys and girls entering grades 3rd-8th. Instruction will be provided by OSBC coaches. Camp will meet at the Rec. and will use both the gym and outdoor courts.

Mon-Thurs: 5:00-7:00PM

Dates: July 15th-18th

Grades: 3rd-8th

Fee: \$25.00



Golf Camp at 100 Acres Driving Range at Cherry Stones

New to 2019 is a youth golf clinic. Learn the FUNdamentals of golf along with golf etiquette. This hands on program will cover the basics of the full swing, short game, as well as rules, and strategy. Clubs will be provided if needed.

Mon, Wed & Fri: 10:00-11:30AM

Dates: July 22nd, 24th, 26th *Rain date 7/27*

Grades: 4th-8th

Fee: \$40.00



Summer Stock Community Theater Camp

Summer Stock Theater Camp has a new home this summer and we are pleased to announce that we will be performing Disney's Frozen Jr. It will be the same, great program just housed under parks and rec. This two week program is for youth entering grades 6th-9th and we also have a mentor/show coordinator positions available for 10th-12th graders. This all day camp will take place at OSMS, with one performance on Saturday, August 3rd at 5:00pm.



Pre-productions workshop will take place on May, 15th

Summer Stock Camp

Mon.-Friday: 9:00-3:00pm

Dates: July 22nd – Aug. 3rd

Ages: 6th-9th

Fee: \$250.00

Summer Stock Mentor/Show Coordinator *limited to 10 seats*

Mon.-Friday: 9:00-3:00pm

Dates: July 22nd – Aug. 3rd

Ages: 10th-12th

Fee: \$125.00

High School Soccer Programs

Young Adult Co-ed Futsal Soccer League

This futsal league will consists of 6 wks. of games, and will be 5v5 play with no goalies will make this a fast and fun league. Sign up soon!!

Saturday 9:00 - 10:00AM

Dates: 3/9 - 4/27 No games on 4/6

Grades: 9th-12th

Fee: \$15.00



Saturday Soccer Skill Clinic

OSPR is offering a new 6 week program that will focus on the fundamental skills of soccer. We will focus on a new skill or area of soccer each week. Players will leave this clinic with a better understanding of the skills of the sport and what drills they can do to improve.

Saturdays: 8:00-9:00am

Dates: May 4th, 11th, 18th June 1st, 8th, 15th

Grades: 9th-12th

Fee: \$15.00



Summer Leagues, Boys and Girls

Back for its 3rd year, we bring to you our 8 week summer soccer league for any high school student entering grades 9th through 12th. This fun, yet competitive league will be pick up style, with teams forming on the fly. This league will be a great way to prepare for the upcoming season, or just have a good time playing during the summer! All games will take place at Ferry Rd. or Maple Avenue.

Mondays: 6:00-8:00pm

Dates: Jun 24th – July 29th

Grades: 9th-12th

Fee: \$15.00

National Trails Day

National Trails Day is the only nationally coordinated event designed to unite all muscle-powered trail activities with the goal of connecting more people to trails. Every trail beckons adventure and has a story to share with any person willing to discover it, and American Hiking Society believes these trail experiences can improve the lives of every American.



Each year, on the first Saturday of June, American Hiking Society and the trails community invite Americans of all ages and abilities to find their own adventure and discover their unique story at one of the thousands of events hosted throughout the country.

By coordinating a wide array of trail activities on a single day, National Trails Day attracts new trail users and helps connect existing trail enthusiasts with local clubs and organizations with the hopes of creating trail advocates and stewards.

CT Trails Weekend & Old Saybrook Events



Paddle the Oyster River

Join us for a paddle on the water as we explore the Oyster River, Long Island Sound and The Back River. Bring your kayak, row boat, canoe down to the launch under the bridge of RT behind the produce stand. This paddle tour should last about 2 hours and will cover roughly 4 miles of water trails. A personal floatation device is required.

Saturday: 10:30am Departure Age: Open to All
Date: June 1st Fee: FREE

Sandbar Stroll

On Saturday evening we'll walk the sandbars of Long Island Sound. We will meet at Harvey's Beach and walk to Town beach and back. This scenic walk is one mile in distance and should take about 20 minutes. Bring a camera, enjoy view, and the water and sand on your toes.

Saturday: 5:00PM Age Open to All
Date: June 1st Fee: FREE

Walk Downtown

The Town has made a great investment to be a walkable town, so join OSPR in the annual CT Trails Weekend on Sunday, June 2nd. We will meet at The Rec. at 308 Main St. This 1.5 mile walk will take us down Main St. past the Police Station, over to Goodwin Elem. and back to The Rec. Please wear appropriate attire and bring some water and snacks.

Sunday: 9:15AM Age: Open to all
Date: June 2nd Fee: FREE

Trails Run at Clark Community Park

OLD SAYBROOK
OSPR
PARKS AND RECREATION

THE CLARKS TRAIL RUN

Saturday, August 10, 2019

race options:

15K (ish) | 4 Mi (ish)



9:00 am
Clark Community Park
164 School House Rd,
Old Saybrook, CT

presented by
College Planning Partnerships
soundRUNNER

for detailed race information

Jonathan Paradis | (860) 395-3152 | www.clarkstrailrun.com

\$25 Prior to August 10th | \$35 Race Day

All proceeds benefit OSPR pre-k and after school enrichment programs



register at www.clarkstrailrun.com

Register in person at OSPR 1308 Main St. (behind the Town Hall) Old Saybrook, CT 06475

**Thank you to Zac of College Planning Partnerships and
all of our sponsors!**

Fishing and Crabbing in Old Saybrook

Crystal Lake at Clark

Community Park – Opening day is the 2nd Sat. in April at 6:00am. In this fresh water lake there are trout, cat fish, bass, pickerel, sunnies and much more wildlife.

Gardiner's Landing & The Cause Way @ Saybrook Point

– These two locations offer access to the mouth of the CT River. Fish common in this area include, stripers, blues, fluke, black fish and sea bass.

Crabbing at Sheffield St. Dock in North Cove and Oyster River

– These two locations offer great opportunities for crabbing later in the season as the waters in the Long Island Sound and CT River Estuary warm in late June through early September. Blue crabs must meet certain sizes in order to keep them and blue crabs with eggs are illegal to keep.

Any angler 16 years and older, you must hold a valid CT fishing license. For more information on fishing or crabbing in Old Saybrook and CT, please visit www.ct.gov/deep

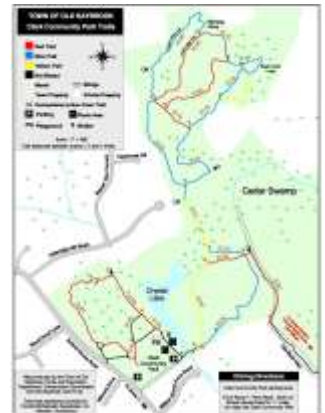


Trails in Old Saybrook



The Preserve

The interim trails of The Preserve have been set and are ready for use. Construction is set to begin this spring on the main parking lot on Essex Road (Rt154) in Westbrook. There is room for several cars in the small parking lot on Ingham Hill Rd in Old Saybrook.



Clark Community Park

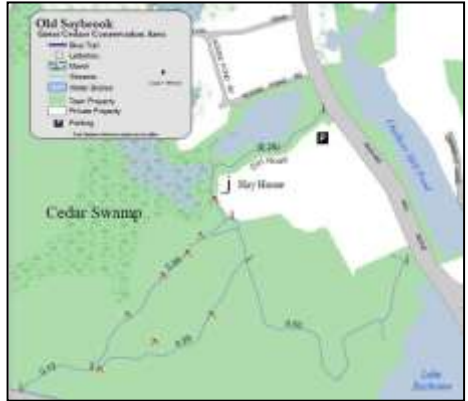
More fondly referred to as Town Park, Clark Community Parks on Schoolhouse Road offers a wide variety of activities including softball and baseball fields, fishing at Crystal Lake and miles of hiking trails. Marked as either red, blue or yellow, these trails connect with other properties to create a vast trail system in Old Saybrook.

Trails in Old Saybrook

Great Cedars East & West



Great Cedars East and West are located off of Ingham Hill Road and offer some great trails that connect to The Preserve and Clark Community Park. Great Cedars East is home to our 1 mile Letterboxing Trail, which contains 10 stamp stations.



Turtle Creek

While this property is not owned by the Town of Old Saybrook, Turtle Creek offers some very nice, well maintained trails that lead out to the Connecticut River. Nestled in the Otter Cove area of town sitting on the border between Old Saybrook and Essex is roughly 93 acres of preserved land.



For more information, please visit our office or our website at www.oldsaybrookrec.com. You can pick up printed copies of each map at our office or online.

Adult Programs and Activities

Golf Lessons at Fenwick Golf Course

Know it all or need help improving your game, OSPR is proud to work with Fenwick Golf course to offer golf lessons at the Ryder Cup Course. These lessons will cover 130 yards and down, irons and approaches, putting and how to improve your swing. Instructed by Sue Cart, PGA golf professional at Lake of Isles a Troon Golf property.



Mondays: 5:30-7:30pm

Date: April 1st, 8th, 15th, 29th

Location: Fenwick Ryder Cup Course

Fee: \$75 RES / \$100 Non-RES

Late Spring Adult Co-Ed Outdoor Soccer

This late spring soccer program will take place at Maple Ave. Ballfield on Saturday mornings. We will be playing 5v5. This league is for males and females 18 and older. Cleats are recommended but shin guards are required. Teams will be made each night. The league will not play on May 25th

Saturdays: 8:30-9:30am

Spring Dates: 4/27 – 6/15 *no game on 5/25*

Summer Dates: 6/22 – 8/17 *no game on 7/6*

Age: 18+

Fee: \$25 res / \$35 non-res



Adult Co-Ed Recreational Softball League

League play for adults 25 yrs. and up begins June 17th. Teams will play up to twice a week for 10 weeks. Parks & Rec. will be accepting rosters as of April 15th. Teams provide scorebooks, umpires and a ball for each game. Teams are asked to wear like colored jerseys. League plays on Mondays, Tuesdays & Wednesdays. All games take place at Town Park, The Middle School, Kavanaugh Park Field or Fireman's Field.

Cost: \$50.00 per team.



Men's Pick-up Basketball Times

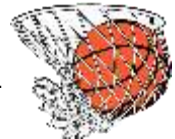
Come Down to the Recreation Center and play some great Men's Pick-up basketball Games. Residents may bring a non-resident guest for a \$2.00 fee.

Mondays: 18 & Over

Tuesdays: 30 & Over

Time:

7:00-8:30PM



Co-Ed Adult Pick –up Volleyball Times

Co-ed Adult Volleyball night. Play is for Old Saybrook Residents. Residents may bring 1 guest for a \$2.00 fee. **There will be no Volleyball in the month of Feb & March for our Adult kickball league.**

Day: Wednesdays through June 19th

Time: 7:00-8:30PM



Women's Open Gym Night

Women 18 and over can come down to the Recreation center to enjoy a game of basketball or just hang out in the Games Room. Residents may bring a non-resident guest for a \$2.00 fee. **Day:** Thursdays

Time: 7:00-8:30PM